

EXPLORE YOUR POTENTIAL

# TeenWolf Yoga

Guided Visualisation & Yoga Flow  
for 11-19 year old girls & boys  
Suitable for any level

**THURSDAYS AT ST. JOHNS SCHOOL  
3.30-4.30PM, ROOM G148**

YOGAWOLF, Joanna Brant  
yogawolfuk@gmail.com 07934 847173  
BOOK DIRECTLY WITH THE SCHOOL