

# Protect your computer from ransomware

Ransomware is a nasty virus that locks your files and demands money to get them back. Here's how to avoid getting infected and ensure you can recover quickly without having to pay.

## One.

Make sure you have a back-up of your files

## Two.

Check your virus protection is up to date

## Three.

Enable auto-updating for the operating system and applications

## Four.

Use a restricted user account for your daily activities

## Five.

Don't click on suspicious links or attachments in emails

## Six.

Don't install programs that you didn't specifically go looking for

## Seven.

Remove unused programs

## Eight.

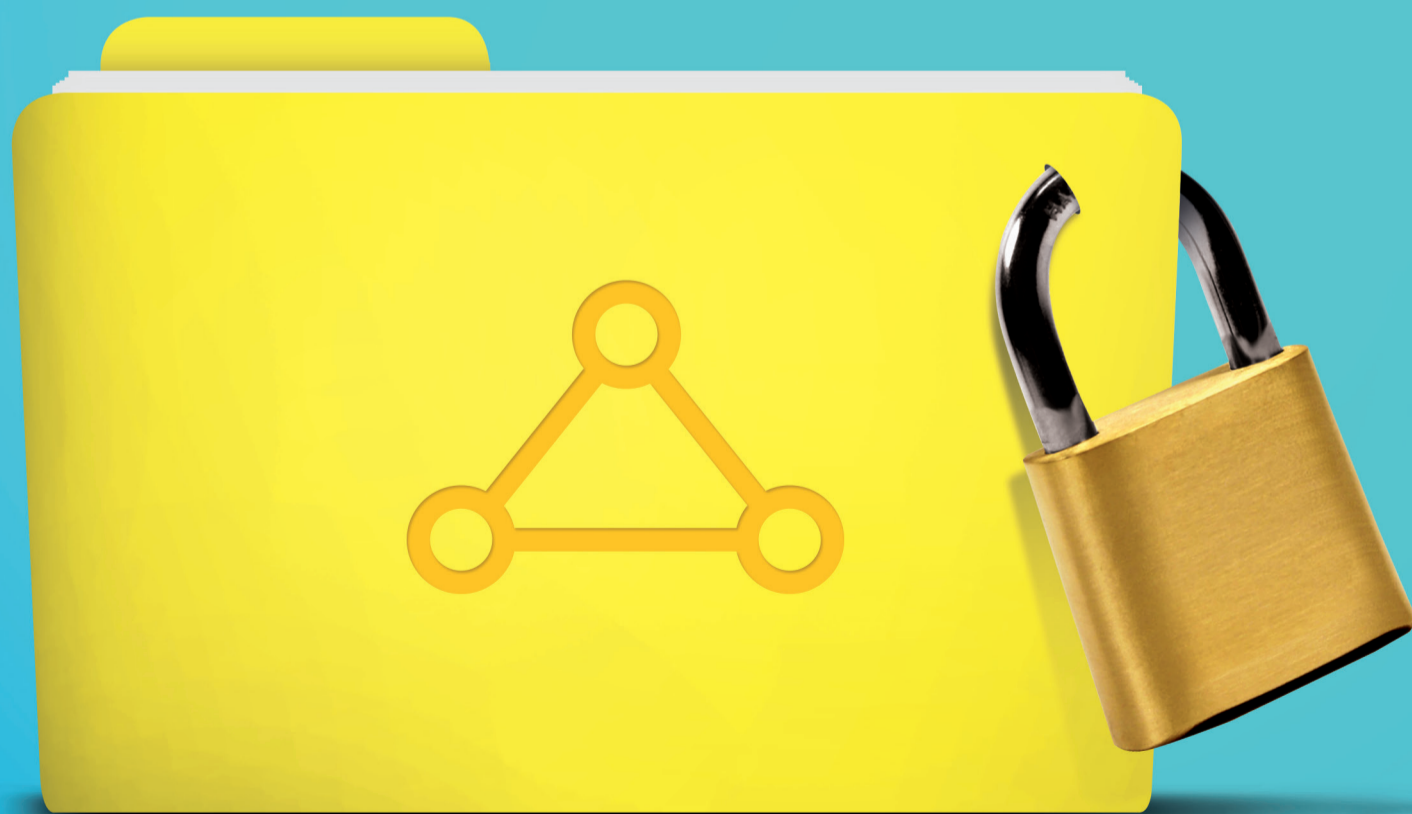
Only obtain programs and updates from trusted sources

## Nine.

Don't use USB memory sticks

## Ten.

If you think your files are being locked by a virus turn off your computer immediately and report it to your ICT support provider



For help and advice on data security please visit [RM.com/security](https://www.rm.com/security) or call 0800 046 9798

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